

The Inside-Out Knit Chemo Cap

In Patterns in the Sand, Izzy's customers joined together to knit these hats for all who needed them.

Designed by, Joyce Forker, used with permission.

Materials

#8 and #10 (US) knitting needles

One skein soft yarn of your choice (see note below)

Pattern

Cast on 80 stitches on size #8 (US) needles

K1, P1 (garter stitch) for 1 3/4 inches.

Change to size #10 knitting needles.

ROW 1: Purl

ROW 2: Knit 1, Purl 1 across.

Repeat rows 1 and 2 until cap measures 6 inches from beginning.

Top Shaping

K2, K2 tog. Repeat from ** across.

Purl 2nd row and all even numbered rows.

3rd Row: *K1, K2 tog*. Repeat from ** across

5th Row: Repeat 1st row

7th Row: Repeat 3rd row

9th Row: K2 tog across

11th Row: K2 tog across. Purl across.

Break off yarn leaving 18" tail. Draw yarn through remaining sts. and pull up tight. Fasten off on wrong side of cap. Sew seam smoothly and evenly, leaving no bumps.

For tips on yarn choices and other patterns, please see <http://www.headhuggers.org>
<http://www.ChemoCaps.com>

and other online sites found by goggling chemo hats or head huggers.

Babies, children and adults who have lost their hair are very vulnerable to cold—and you can make a difference, as so many knitters already have. My thanks to Sue Thompson for her help in introducing me to this wonderful effort.